

EFR PRIMARY & SECONDARY CARE FOR ADULTS AND CHILDREN

Since diving is an activity which can't be released from any risk, divers should be able to "be willing and capable of" offering some help in case of emergency. With EFR course they strengthen their self esteem, so they are ready to help and develop their knowledge, so they are capable of helping!!!

EFR Primary Care for adults :

Scene Safety Assessment Universal Precautions- Communicable Disease Protection, including barrier use Primary Assessment Rescue Breathing Cardiopulmonary Resuscitation (CPR) Conscious and Unconscious Obstructed Airway Management Serious Bleeding Management Shock Management Spinal Injury Management

Recommended skill : Emergency Oxygen use Orientation.

EFR Secondary Care Skills for adults:

- **Injury Assessment**
- **Illness Assessment**
- **Bandaging**
- **Splinting for Dislocations and Fractures**

EFR Primary and Secondary Care for children

- **Is an innovative CPR, AED and First Aid training course that teaches participants how to provide emergency care for injured or ill children (ages one to eight) and infants less than one year old.**
- **The course includes both primary care (CPR) and secondary care (first aid) skills.**

EFR program for adults is different than EFR program for children. There is no age limitation for the participants in EFR program. The duration is 2 days and the program is consisted of knowledge development, dvd, practical skills, final exam).

Costs includes: EFR material, theoretical and practical session, certification –Pic, use of mannequin.

Seahorse Dive Center